## September 2012 BOM by Kylie Kenny

## Hour Glass or $1 / 4$ Square Triangle Block



This month is a very easy and quick block to make, and you make two at the same time which is a bonus. I made the sample block in about 5 minutes.

Let's make this the best BOM ever....my goal is 100 blocks!
Do you think we can do it?

## Choosing Colours:

All you need for these blocks are two colours BUT make sure they are contrasting or light and dark.
Later on I will show you how to make blocks with 4 different colours.

## Cutting:

Cut one 9" square of each colour. (2 squares)
I chose this measurement as you can cut 4 squares from a Fat Quarter.

## Sewing:

1. Place the two squares right sides together.
2. On the reverse of one of the squares draw a line $1 / 4$ " each side of the diagonal centre. If you find it easier you can draw a line through the diagonal (point to point) and then one $1 / 4$ " each side of the centre line.

3. Stitch across both lines (not the centre line if you drew it).
4. Cut the blocks apart by cutting across the diagonal.

5. Iron the seam allowances toward the darker colour.
6. Place the squares right sides together again with opposite colours matching, and your seam allowances should be sitting in opposite directions. Place a pin in the centre to make sure the centre seam stays aligned.
7. Draw a line $1 / 4$ " from the diagonal centre, this time at right angles to the sewn seams.


8 Stitch across the lines, and trim apart as before to yield 2 blocks.
9 Iron the seam allowance either way - doesn't matter at this stage.
10 Please DO NOT TRIM the blocks before sending, as whoever is making up the top will trim the blocks to a uniform size.

The blocks are now finished - how easy was that?

Please send all finished blocks to
Aussie Hero Quilts
PO Box 248
Cherrybrook, NSW 2126
It would be great if you could aim to have your blocks in the mail no later than the end of September.

## Some variations...

You can also make these blocks with 4 colours in each block...just cut 4 squares initially in four different colours.


Join the squares into pairs as above, you will have two sets of pairs to do.


Before you join them the second time, swap one square from each pile, which will mean you will end up with 4 squares with 4 colours in each.



## How easy is that?

Light/dark blocks joined together:

(source)

(source)
Again - the blocks combined with 9 patches:

(Source)

And finally, remember this one that the Canberra Quilters made and donated to us.


Great job! Thanks Kylie!
http://aussieheroquilts.blogspot.com.au/2012/09/september-bom-by-kylie-kenny.html

