## BLOCK OF THE MONTH NOVEMBER 2019

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## Sandys Star Block

This lovely traditional star block is timeless and appeals to so many people.
They look strong and beautiful in quilts made for our Aussie Heroes.
They also combine very well with other blocks.

## FOUR COLOURWAY SUGGESTIONS <br> Blue and White for Navy <br> Blues for Air Force <br> Green \& Gold <br> Black \& White

The star, in all the colour ways, can be made using just one fabric as in the Green and Gold sample or by using two fabrics as in the other samples.


BLUE AND WHITE
Suitable for Navy Recipients and also for Requests for
sporting teams using these colours.
This is an opportunity to use specific printed fabrics for Sailors.
Use ANY shade of BLUE but no aqua or teal please.

Background of the block should be BLUE - plain or tone-on-tone or mostly blue if patterned.

Star points and centre of block can be white or blue and can be plain fabric, tone-ontone fabric, geometric prints or specific designs for the Navy in whatever colour is available.


BLUE AND BLUE or WHITE
Suitable for Air Force Recipients and also for Requests for sporting teams using these colours.
This is an opportunity to use specific printed fabrics for Airmen and Airwomen. Use ANY shade of BLUE but no aqua or teal please.
Background of the block should be BLUE - plain or tone-on-tone or mostly blue if patterned.
Star points and centre of block can be white or blue and can be plain fabric, tone-ontone fabric, geometric prints or specific designs for Air Force in whatever colour is available.


GREEN \& GOLD
Suitable for Aussie theme quilts and sporting teams using these colours.
Please use strong green and golden yellow.
Use plain fabric, tone-on-tone fabrics, geometric prints and fabrics
with prints of Australian images.


BLACK \& WHITE
Oh so useful! ...meeting many Requests.
Background of the block should be BLACK - plain or tone-on-tone or mostly black if patterned.
Star points and centre of block can be plain fabric, tone-on-tone fabric or printed designs
of black, white, grey or red on a white background. A black background with a print on it, as in the sample, will work for the centre but not the Star points.

Please use only $100 \%$ cotton fabric
$1 / 4$ inch seam allowance

## CUTTING OUT



For background of blocks cut eight $51 / 2 \times 51 / 2$ inch squares
For centre of block cut one $51 / 2 \times 51 / 2$ inch square For Star points cut eight $3 \times 3$ inch squares

## BLOCK CONSTRUCTION

Note - I have positioned the Star point square over blue fabric so that it can be seen On the wrong side of each of the eight Star point squares, draw a line from corner to corner and then draw a second line $1 / 2$ inch from the first line.


On FOUR of the background squares, with right sides together, position a Star point square as shown, noticing the shorter drawn line is closer to the outside corner.
Pin as shown and sew along BOTH lines.


Cut between the two lines and put the little pieces aside to be mailed with the finished blocks.
Violet, in the Coffs Harbour Team will make these into bigger blocks,


Press the Star point to complete the square.


Position a second Star point square, with right sides together, as shown. Pin and stitch along both drawn lines.


Cut between the lines as before and press to complete the square.


Lay out the nine squares of the block as shown.


Join the three squares that form the middle row of the block and then
press the seam allowances into the CENTRE square.


Join the three squares that form an outside row and press the seam allowances into the outside squares.

TIP pressing seams as suggested, allows the seam allowances to "lock" together at the next stage.


Join the three rows of the block together and press the seam allowances to one side. I like to press towards the centre of the block.

And there you have it...

The Star Block


Please don't trim any uneven edges as ALL blocks will be trimmed to make them the size needed for each quilt that is designed to meet the Requests of each Recipient.


Please post blocks and off cut triangles to

Aussie Hero Quilts
PO Box 248, Cherrybrook NSW 2126

THANK YOU for your contributions.


#### Abstract

PDF version of this block can be found HERE All blocks will be made into quilts for our Aussie Heroes by the Coffs Harbour Sewing Team. Please include your email address and I'll advise you when they arrive. Alternatively, visit the Blog on Wednesday afternoons to see what blocks have been received in the previous week.

Until next time,

Sandy


