## BLOCK OF THE MONTH MAY 2019

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## SPINNING CROSS BLOCK



This Block design was Block of the Month in June 2017. However, this time, we are using the
AUSSIE FLAG COLOURS
Red, White and Blue
At first, this might look like a tricky block to make but it is simply
A NINE PATCH BLOCK + CORNERS $=$ IMPRESSIVE BLOCK
Please refer to our Flag for the colours when choosing fabrics
BLOCKS DO NOT HAVE TO INCLUDE THE FLAG PRINT FABRIC
Suitable fabrics for these blocks...
Plain colour eg. homespun
Tone-on-tone prints - they add interesting texture to blocks
Red, white and blue backgrounds with Gender-neutral printed designs
Aussie Flag print fabrics in the BLUE position
Spotlight sells the all-over Flag print fabric in my sample block. It is lightweight cotton drill and not plain weave like other patchwork fabrics but still suitable for our blocks.
In my local store, it is with other Flag fabrics, beside the licensed print fabrics.
Other Aussie Flag fabrics are available elsewhere.

## Please only use $\mathbf{1 0 0 \%}$ cotton fabrics $1 / 4$ inch seam allowance

Let's get started...
To make the RED BACKGROUND block


From the RED FABRIC

- cut 2 squares $81 / 2 \times 81 / 2$ inch
- cut 2 squares $43 / 8 \times 43 / 8$ inch
- cut 2 strips $13 / 4 \times 17$ inch


## From the BLUE FABRIC

- cut 2 squares $43 / 8 \times 43 / 8$ inch
- cut 1 square $4 \times 4$ inch

From the WHITE FABRIC

- cut 1 strip $13 / 4 \times 17$ inch

Join the strips as shown and press the seam allowances onto the red fabric
http://aussieheroquilts.blogspot.com/2019/05/block-of-month-may-2019.html


Cut 4 squares $4 \times 4$ inch from the strip


Take the 4 squares that are $43 / 8 \times 43 / 8$ inch and on the wrong side of the fabric, draw a line diagonally from corner to corner as shown, on the colour that is easiest to see the line. This is the cutting line.


Place a red square and a blue square with right sides together and pin as shown. Stitch a seam $1 / 4$ inch on both sides of the cutting line.


Cut along the cutting line, resulting in two squares.
Press the seam allowances open as shown.


Lay out the four squares as shown below.
Join the three squares that are the centre row and press the seam allowances into the centre square.
Join the three squares that are the outside rows and press the seam allowances into the outside squares.


This picture shows the position of the seam allowances to give "lock seams" and reduce bulk in the block.


Join the three rows of the block together. This picture shows the "lock seams" with seam allowances going in opposite directions and pinned on either side, ready for sewing the seam.


The Nine Patch block is now complete and ready for the corners to be added.


Take the two $81 / 2 \times 81 / 2$ inch squares and cut diagonally from corner to corner.


Corners will be added as in the picture below.


Fold one of the triangles in half along the side that adjoins the block, with WRONG SIDES together.
Fold the block in half, to find the mid point of the side of the block and mark with a pin as shown below.
With right sides together, position the folded triangle along one side of the block, with the fold matching the pin in the block.


Open out the triangle and pin all the way along the side of the block and triangle. The ends of the triangle will overhang the block.
Stitch the seam.
Press the seam allowance onto the triangle.


Repeat for the opposite side of the block, as shown.


Repeat for the remaining two triangles.
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PLEASE...do not trim any uneven edges as EVERY block will be made a little smaller and tailored to fit each quilt that is designed.

And there you have it...the Red background Spinning Cross Block.


To make the BLUE BACKGROUND block


## From the BLUE FABRIC

- cut 2 squares $81 / 2 \times 81 / 2$ inch
- cut 2 squares $43 / 8 \times 43 / 8$ inch
- cut 2 strips $13 / 4 \times 17$ inch

From the RED FABRIC

- cut 2 squares $43 / 8 \times 43 / 8$ inch
- cut 1 square $4 \times 4$ inch


## From the WHITE FABRIC

- cut 1 strip $13 / 4 \times 17$ inch

Make this block the same as the Red Background block reversing the blue and red fabrics.
And there you have it...the BLUE background Spinning Cross block.


Thank you for making these Blocks of the Month for May. Your blocks will be part of a quilt for a deployed Aussie Hero made by the Coffs Harbour Sewing Team.
Each quilt is an original and is designed to the specific Requests of each Aussie Hero.

## THANK YOU

Please send your blocks to

Aussie Hero Quilts
PO Box 248
Cherrybrook NSW 2126
Please include your email address and I will advise you of the arrival of your blocks. Alternatively, watch the Blog each Wednesday for the Happy Mail Post showing the blocks received in the previous week.

Until next time,
Sandy

