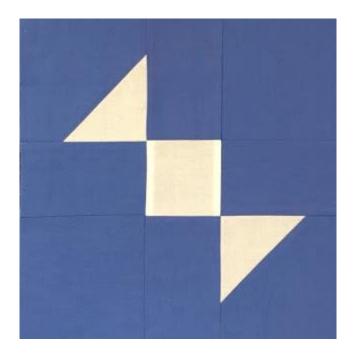
### **Block of the Month March 2018**



## **BLUE AND WHITE BON BON BLOCK**

This month, I'd like to build up our supply of blocks that will used to make quilts for our Recipients who ask for ...

- sports team to be represented by blue and white
- their favourite colour blue
- a Navy theme quilt
- an Air Force theme quilt

WHITE FABRIC can be PLAIN or WHITE TONE-ON-TONE PRINT

Please use a PLAIN BLUE FABRIC or TONE-ON-TONE BLUE FABRIC A little black or white print on the blue is OK The fabric should look simply BLUE No turquoise No teal No aqua These are a few fabrics in my collection that are suitable I looked for colours that represent either the Navy or Air Force as a guide



#### THANK YOU

for making blocks that will be used to make quilts for our deployed Aussie Heroes Each quilt is an original and will be personalised to meet the Requests of each Recipient

Many of the quilts made by the Coffs Harbour Sewing Team using these blocks, can be seen in Jan-Maree's Blog Posts and my occasional Wednesday BOM Quilts Posts

> My Happy Mail Post each Wednesday, shows the blocks sent to me in the preceding weeks

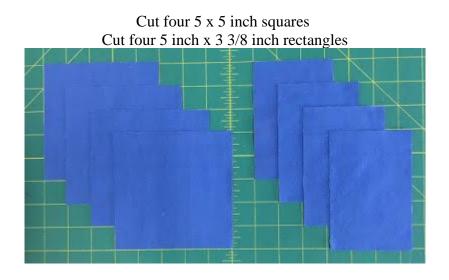
#### Use 100% cotton fabrics Use 1/4 inch seam allowance Gender neutral prints please as the majority of the quilts are made for men

**Do not trim blocks** blocks are designed oversize and they are all trimmed back to make each quilt

The sizes of the blocks needed vary from quilt to quilt depending on what each quilt maker designs to meet the Recipient's Requests

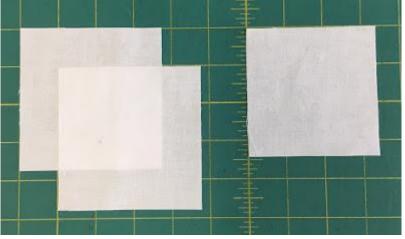
### CUTTING

#### **Blue Fabric**



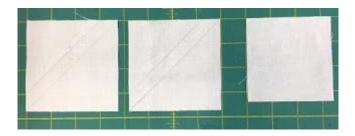
#### White Fabric

Cut two 3  $3/4 \ge 3 / 4$  inch squares Cut one 3  $3/8 \ge 3 / 8$  inch square



# MARKING THE FABRIC

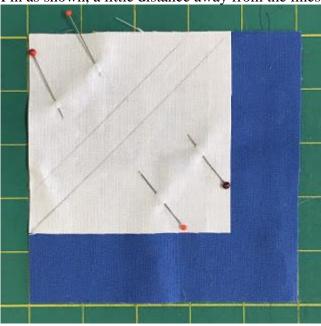
Draw a diagonal line from corner to corner on the two large squares Then draw a second line 1/2 inch away from the first line DO NOT mark the smaller square



# **CONSTRUCTING THE BLOCK**

As shown, position a large white square on a large blue square, with right sides together

## THE SHORTER MARKED LINE SHOULD BE CLOSER TO THE CORNER

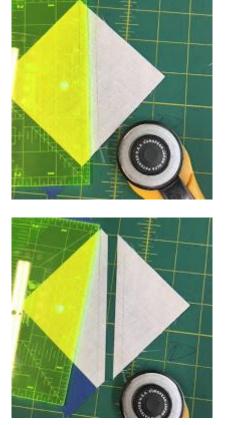


Pin as shown, a little distance away from the lines

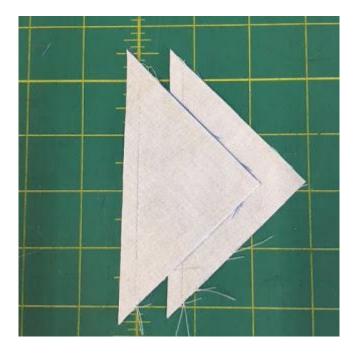
Sew along BOTH lines



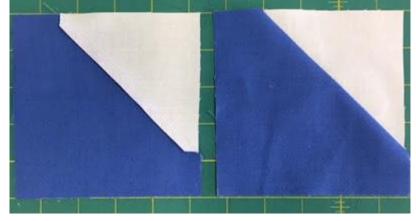
Cut between the two marked and sewn lines as shown



Put the two cut off pieces aside to be posted with the Block They will be pressed, trimmed to the size required and made into small blocks eg. Pinwheel blocks, or long pieces that make borders and joiners in the quilts.

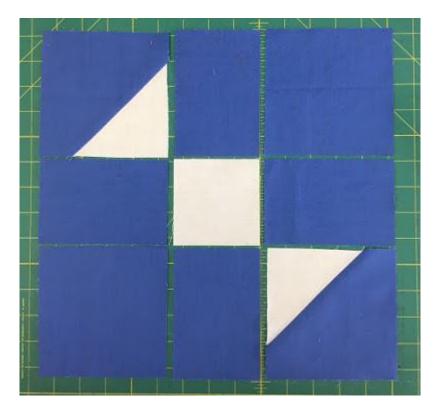


Press the white triangle away from the blue section to form a square



HINT I like to press the white seam allowance onto the blue fabric so that it doesn't create a shadow under the white fabric

# LAY OUT THE BLOCK



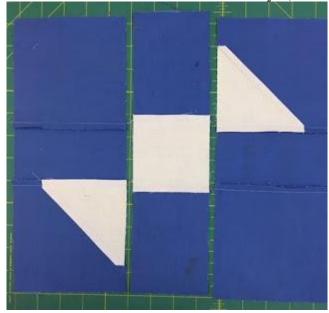
Make the middle row of the block by sewing a blue rectangle to opposite sides of the small white square Press the seam allowances towards the blue fabric



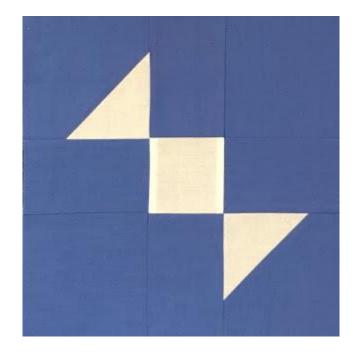
Make the two outside rows of the blocks by sewing each square to the opposite long sides of the rectangles Press the seam allowances towards the blue fabric



Join the three rows together with the white square in the middle of the block Press the seam allowances towards the centre of the block...yes, these ones will shadow!



Finished! A beautiful Blue and White Bon Bon Block



I hope you've enjoyed making this block Please send your block and off cut triangles to...

Aussie Hero Quilts

PO Box 248

Cherrybrook, NSW, 2126

If you include your email address, I'll let you know when your blocks arrive in my letter box If you don't have an email address then check out the Wednesday Happy Mail Post each week to see that your blocks have arrived

Many thanks to you, for supporting Aussie Hero Quilts and contributing blocks for the quilts for our Heroes Until next month, when the temperatures will begin dropping in this wonderful land that we live in, happy sewing time to you.

Sandy